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ACTIVITY: Instant Camera

CHALLENGE

Partner with a family member to create “pictures” of beautiful and interesting things in your local environment. In this activity, one person will be the **Camera** while the other person will be the **Photographer**.

MATERIALS

- An open area
- Index cards
- Coloured pencils

EXPLORE

What beautiful and interesting “pictures” can you create with another family member in your local environment?

MAKE IT HAPPEN

The person who is the **Camera** will have their eyes closed between the “pictures” the **Photographer** takes. The **Photographer** should practice guiding the **Camera** safely before beginning the activity. To guide the **Camera** safely: stand beside the **Camera** and use one arm to gently guide them while giving directions. For example, “Walk to the right, bend down,” etc. When the **Photographer** sees something they like, point the **Camera**’s lens (eyes) at it framing the object they want to shoot and then tap the **Camera**’s back. The **Camera** will open their eyes for 3-5 seconds, and until the **Photographer** taps their back again to close their eyes. It is important that the **Camera** keep their eyes closed between pictures. The **Photographer** can experiment with unusual angles and perspectives: zoom-in, zoom out, up and down, big and little. The **Photographer** will take 3-4 photos, and then trade roles.

SHARE

After everyone has taken turns, discuss the pictures that were most memorable. “Develop” one picture by drawing it on an index card or in your journal.

REFLECT

What picture stood out to you the most, and why?
How did closing your eyes between pictures help to “develop” them?

EXTEND

This activity could be easily adapted to be an individual activity. Use an old picture frame with no glass or one cut from cardboard to frame your photographs. Experiment with various sizes of frames.

Resource: *Get Outdoors Manual*, p. 50