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ACTIVITY 3: NATURE COLOGNE

CHALLENGE

Create and share a wonderful smelling perfume from the variety of plants and trees in your environment. Create your own personal perfume by using the scents of the things growing around you.

MATERIALS

Cut-up egg carton cups (1/person or 1/scent)

EXPLORE

What perfume can you create using the scents of the things growing around you?

MAKE IT HAPPEN

Head outside where there is a variety of plants and trees. Collect a sample of living and non-living ingredients. Dry leaves, evergreen needles, bits of moss and dirt are some examples of good ingredients. You can sample from live plants only if the sample is the size of your little fingernail. Rubbing or breaking the sample down into small pieces releases more of its scent. Mix your perfume using a variety of different ingredients. Name your wonderful-smelling perfume.

SHARE

Share your scent with other family members. Take the time to smell each one.

REFLECT

What smell surprised you the most?
What smells did you like the most? The least?

EXTEND

Ask another family member to close their eyes and have them identify the scent by using their sense of smell only. Now switch roles.

Resource: Forest Cologne, Get Outdoors Manual, p. 45