

CHEAKAMUS CENTRE

nature is in session



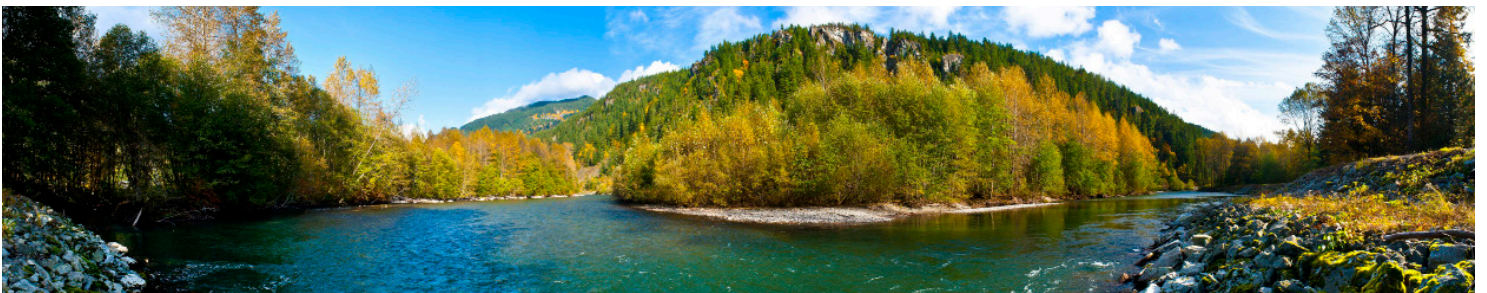
Indigenous Cultural Learning Workshop

Located in the heart of the Skwxwú7mesh (Squamish) Nation territory, Cheakamus Centre provides outstanding professional development workshops focusing on indigenous cultural learning. With an emphasis on making connections through direct experience and a strong sense of place, participants will be introduced to a series of traditional activities in and around a Coast Salish longhouse. Workshops are designed as holistic experiences aimed at providing authentic connections to the rich culture of the Skwxwú7mesh people. Educators will enhance their understanding and appreciation of how to more effectively align First Peoples Principles of Learning across a variety of content areas.



"There are so many possibilities to use what we learned that day. We were given educational experiences that were extremely practical and ready to use in the classroom with acknowledgement of our teachers."

~ Teacher, West Vancouver Secondary School Pro-D Day, September 2018



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Workshop Schedule:

(please note: this is a suggested schedule reflecting some of the available activities)

9:00 AM	Arrival at Cheakamus Centre's Environmental Learning Centre, South Entrance
9:15 AM	Interpretive walk focusing on indigenous connections to land, learning and local heritage
9:45 AM	Traditional longhouse welcome including indigenous snack/tea
10:00 AM	Indigenous Cultural Learning Activity Session 1
11:00 AM	Indigenous Cultural Learning Activity Session 2
12:00 PM	Lunch is prepared together in longhouse using traditional foods and hot-rock methods
1:00 PM	Indigenous Cultural Learning Activity Session 3
2:00 PM	Reflections/Applications to learning
2:30 PM	Closing & Departure

Min: 25 participants
Max: 60 participants
(please contact us for pricing)

For more information,
please contact:
programs@cheakamuscentre.ca
604.898.5422



Activity Descriptions:

Cedar Work: Practice your hand with traditional techniques and tools in working with cedar. Session includes a short interpretive walk to a cedar stand with culturally modified trees.

Ethnobotany Walk: Draw on indigenous teachings and local knowledge and explore the forest to learn about traditional medicines, food and resources.

Wool Weaving: Explore the traditional Coast Salish art of wool weaving, learning about the many applications of this important cultural practice.

Indigenous games: Learn to play several traditional games testing skill, strength and your competitive spirit.

Connecting to Place: Engage with First Nations Principles of Learning through an outdoor experiential learning lens.

Please note that all workshops will be facilitated in an outdoor learning environment with opportunities to access indoor or covered spaces, as required.



www.cheakamuscentre.ca

North Vancouver
School District
the natural place to learn™