



What to Bring for Your Skw'one-was Program

Here is a checklist of suggested items. Please remember that clothing will get smoky and dirty. It is best to bring older clothing and equipment that you already have at home or can borrow. This list includes the clothing worn by the student to the Longhouse. LABEL all items with name and school.

Sleeping Gear

- Warm Sleeping Bag
(3-Season, or bring an extra blanket)
- Pillow and case
- Stuffy

Personal Kit

- Hand Towel
- Hairbrush
- Toothbrush and toothpaste
- Plastic bag for wet clothing
- Water Bottle
- Lip salve (optional)
- Sunscreen
- Snack for bus ride **nut-free*
- Day Pack

****Make sure you remember to wear on the bus, or have on the bus with you in your day-pack:**

- Rain jacket and rain pants
- Water Bottle
- Sturdy, warm, waterproof boots
- Warm, waterproof head covering

Appropriate Clothing

- Warm Shirts (3 or 4)
- Old pants (2)
- Shorts (2 or 3)
- Long-sleeved sweater (1)
- T-shirt (1 if warm weather)
- Underwear
- PJs
- Warm Jacket (1)
- Heavy wool socks (3)
- Toque/warm hat
- Mitts or gloves
- Waterproof Rain Jacket
- Waterproof Rain Pants
- Waterproof head covering
- Waterproof boots (lined and warm)
- Sturdy walking shoes



Remember to ask yourself, will I be warm and dry?



Please do not bring:

Cell phones, money, knives, flashlights, other electronic devices, expensive items, food (except bus snack or special diet items), gum, candy, and watches. It has been our experience that these items get in the way of the outdoor educational experience.

As a reminder, we are a nut-restricted site.